

Patient name: _____

Date: _____

Periodontal Risk Assessment Questionnaire

Tobacco Use

Tobacco is the most significant risk factor for gum disease.

Do you now or have you ever used the following:

	<i>Amount per day</i>	<i># years</i>	<i>Quit in which year?</i>
<input type="checkbox"/> Cigarette	_____	_____	_____
<input type="checkbox"/> Cigar	_____	_____	_____
<input type="checkbox"/> Pipe	_____	_____	_____
<input type="checkbox"/> Chew	_____	_____	_____
<input type="checkbox"/> Snuff	_____	_____	_____

Heart Attack/Stroke

Untreated gum disease can increase your risk for heart attack and stroke.

Do you have any other risk factors for heart disease or stroke?

- Family history of heart disease
- High blood pressure
- High cholesterol
- Tobacco use

Medications

A side effect of some medications can cause changes in your gums.

Have you ever taken any of the following medications?

- Dilantin (anti-seizure medication)
- Calcium channel blocker (blood pressure medication such as Procardia, Cardizem, Norvasc, Verapamil, etc.)
- Cyclosporin immunosuppressant therapy

Genetics

The tendency for gum disease to develop can be inherited.

Has anyone on your side of the family (parents, siblings) had gum problems?

- Yes
- No

Contagiousness

The bacteria which cause gum disease may be spread to a spouse or the family.

Has anyone in your immediate family been tested or treated for gum problems?

- Spouse
- Children

Females

Females can be at increased risk for gum disease at different points in their lives.

The following can adversely affect your gums.

Please check all that apply.

- Pregnant
- Nursing
- Taking birth control pills
- Taking hormone supplements
- Infrequent care during previous pregnancies
- Osteoporosis

Diabetes

Gum disease is a common complication of diabetes. Untreated gum disease makes it harder for diabetics to control their blood sugar.

If you ARE diabetic,

For how many years? _____

Is your diabetes well controlled?

Yes

No

Who is your physician for diabetes? _____

If you are NOT diabetic,

Any family history of diabetes?

Yes

No

Have you had any of the possible warning signs?

frequent urination

weakness and fatigue

excessive thirst

slow healing of cuts

excessive hunger

unexplained weight loss

any change in vision

tingling or numbness in extremities

Heart Murmur, Artificial Joint Prosthesis

If you have even the slightest amount of gum inflammation, bacteria from the mouth can enter the bloodstream and cause a serious infection of the heart muscle or your artificial joint.

Do you have a heart murmur or artificial joint?

Yes

No

If so, does your physician recommend antibiotics prior to dental visits?

Yes

No

Name of physician _____

Gastric Ulcers

Ulcers are caused by bacteria. When your gums are inflamed, bacteria from the mouth can travel to the gut and cause ulcers to become active.

Have you ever been treated for ulcers?

Yes

No

If yes, is the ulcer active now?

Yes

No

Have you noticed any of the following signs of gum disease?

Bleeding gums during tooth brushing

Pus between the teeth and gums

Red, swollen or tender gums

Loose or separating teeth

Gums that have pulled away from the teeth

Change in the way your teeth fit together

Persistent bad breath

Food catching between teeth

Is it important to you to keep your teeth as long as possible? Yes No

Do you like the appearance of your smile? Yes No The color of your teeth? Yes No

Do your teeth keep you from eating any specific food? Yes No

If yes, which food? _____